



**Week of November 23-27, 2020**

**Soup Selection**

*American Bounty Vegetable Soup · Carrot and Ginger Soup*

**Salad/Starter Selection**

***Waldorf Salad over Spring Mix*** <sup>GF</sup>

*A true Classic with Apples, Celery, Walnuts and Mayonnaise*

*Served over Fresh Spring Mix Greens*

***Pupusas*** <sup>GF</sup>

*The National Dish of El Salvador*

*Tender Masa Pillows Stuffed with Refried Black Beans, Spicy Ground Veal and Pork*

*Served with Cabbage Relish and Salsa Rojo*

**Entrees**

***Southern Fried Catfish*** <sup>GF</sup> Cooked in Cornmeal no Hushpuppies

*American Farm-Raised Catfish Fillets Dipped in Buttermilk, Dusted in Cornmeal,  
Cooked Golden and served with Tartar Sauce, Hushpuppies and Lemon*

***Orange Chicken*** <sup>GF</sup> Substitute Grilled Chicken

*Crisp Chicken tossed with Onions and Peppers in a Zesty Orange Sauce*

*Served with Steamed Basmati Rice*

***Good for You Power Bowl***

*Whole Grains, Black Beans, Roasted Red Peppers, Edamame, Tomatoes Red Onion and  
Charred Corn Sautéed and Topped with Pepitas, Sliced Avocado and Crispy Corn Tortilla  
Strips. Top it with Chicken, Salmon or Shrimp if you like.*

***Steak and Cheese Burrito***

*Thin Sliced Rib Eye makes another Appearance, This time Stuffed into a Burrito with  
Beans, Rice and Cheese. Covered in Enchilada Sauce and Baked with more Cheese*

**Sides**

*Steamed Basmati Rice · Fried Okra · Sautéed Baby Spinach · Blue Cheese Cole Slaw*



## Always Available Menu

### **Grilled Atlantic Salmon** <sup>GF</sup>

*Salmon served with Roasted Shallot Vinaigrette*

### **Chicken Breast** <sup>GF</sup> on Request

*Grilled or Fried Chicken Breast*

### **Chicken or Tuna Salad Croissant**

*House-made with all White Meat Chicken or White Albacore Tuna  
Served on a Flakey Fresh Baked Croissant*

### **Chicken Taco Salad** <sup>GF</sup> over corn tortilla chips

*Crisp Tortilla Bowl with Lettuce, Tomato, Onion, Sour Cream, Guacamole,  
Cheese, Fajita Chicken with Chipotle Ranch Dressing*

### **Classic Chef Salad** <sup>GF</sup>

*Fresh Crisp Greens topped with Tomato, Cucumber, Red Onion, Carrots,  
Egg, Smoked Ham, Roast Turkey, Cheddar and Swiss Cheese*

#### **Skye Burger**

*1/3 lb. Beef Patty served on  
Grilled Brioche Roll with  
Lettuce, Tomato, Onion  
and Pickle  
Choice of Cheese*

#### **Salmon Burger**

*1/4 lb. Atlantic  
Salmon Patty served  
on Grilled Brioche  
Roll with Lettuce,  
Tomato, Onion &  
Pickle*

#### **Grilled Cheese**

*White or Wheat Bread  
American, Cheddar or Swiss  
Cheese Selection*

#### **House Tossed Salad**

#### **French Fries**

#### **Mashed Potatoes and Gravy**

#### **Baked Sweet Potato**

#### **Baked Potato**

#### **Sweet Potato Fries**